

READ a  
STORYBOOK

READ the  
BIBLE

READ a  
TEXTBOOK

CLEAN your  
ROOM

HELP with LAUNDRY

WALK the DOG

PRACTICE your  
HANDWRITING

WRITE a NOTE to a  
FRIEND and MAIL IT  
or GIVE IT in person

WRITE a NOTE to a  
COUSIN and MAIL IT  
or GIVE IT in person

PRACTICE  
COUNTING

DRAW a PICTURE for a  
GRANDMA and MAIL IT  
or GIVE IT in person

DRAW a PICTURE for a  
GRANDPA and MAIL IT  
or GIVE IT in person

make ROCK  
ART by PAINTING  
them

do a PAPER CRAFT

PULL the WEEDS  
in the GARDEN

FLASH CARDS  
FUN!

try to REMEMBER  
a BIBLE VERSE for  
the DAY

EXERCISE

READ a  
MAGAZINE

COLOR!

Play BINGO

ONLINE  
MATH FUN!

ONLINE  
SCIENCE FUN!

ONLINE  
HISTORY FUN!

CLEAN the  
BATHROOM

PLAY  
HOPSCOTCH

WASH the CAR

PLAY  
DRESS UP

DIG in the DIRT

LEARN a new  
LANGUAGE

LATIN WORD  
MEMORY

WATERGUN  
FUN!

TARGET practice

RUN through the  
SPRINKLERS

WIPE DOWN  
the WALLS

LET'S BAKE!

ONLINE  
GAME PLAY!

ONLINE  
READING FUN!

WATCH a MOVIE!

DONATE: choose 5  
to 10 things to GIVE

go HUNTING  
for lost COINS

NATURE scavenger  
HUNT

SCIENCE  
EXPERIMENT

WRITE a POEM

play THUMB  
WRESTLE

take a TRIP to  
the LIBRARY

MAKE a FAIRY  
GARDEN

COLLECT wildflowers  
and make a  
BOUQUET

Find a LEAF  
and DRAW it

get FRESH WATER  
for PET

GO for a WALK

LISTEN to MUSIC

DRAW your  
FAVORITE ANIMAL

10 min STRETCH

DANCE!

take a NAP

make a MUD PIE

call a LOVED ONE  
and TALK to them

have a CREATIVE  
PHOTOSHOOT!  
(use Mom or Dad's phone  
or camera)

BUILD and PLAY  
with LEGOS

have a tea  
PARTY

string NOODLES  
into a NECKLACE

have a PUPPET  
SHOW

make a MASK of an  
animal's FACE

make a PAPER  
HAT

start a pretend  
ROCK n ROLL BAND

open up a  
RESTAURANT

build a TENT with  
blankets and chairs

play DRESS UP

go OUTSIDE and  
pick a FLOWER, then  
DRAW IT

put on a SOCK  
PUPPET SHOW

make a PAPER  
AIRPLANE

make up a SONG and  
SING it out loud

explore the BACKYARD  
with a MAGNIFYING  
GLASS

get sidewalk CHALK  
and CREATE

play HOP SCOTCH

look at the  
CLOUDS and  
DRAW what you see

make fresh squeeze  
LEMONADE

have a SNACK picnic  
OUTSIDE

take PICTURES

DRAW with your  
OPPOSITE HAND

play a BOARD  
GAME

make a yummy  
FRUIT SALAD

work on BLOCK  
pictures

make a PICTURE  
BOOK

write out your NAME  
and turn it in a  
piece of ART

COLORING BOOK  
FUN!

WATERCOLOR  
PAINT

PUZZLE TIME!

make a TRAIN

write a LETTER

POTATO  
PAINTING

make a ROBOT

make HOT  
CHOCOLATE

make FRIENDSHIP  
BRACELETS

LISTEN to an  
AUDIO BOOK

make some LEAF  
RUBBINGS

BLOW STRAW  
PAINTINGS

practice counting  
to 100

GUMMY BEAR  
dance

build a village  
with LEGOS

build a CASTLE  
with LEGOS

go outside and  
COLLECT 25  
ROCKS

build a village  
with CRAFT PAPER

draw a CASTLE

play a MATCH  
game

Q-TIP  
PAINTING

go BOWLING

DRAW a  
SELF-PORTRAIT

go to a  
VIRTUAL LIBRARY

find  
BUGS!

BIRD WATCH!

build a FORT

30 minutes on  
the SCREEN

make your own  
COMICS

read POETRY

plant some  
SEEDS

5 minute  
DRAWINGS

15 minutes on  
ART

15 minutes on  
SCIENCE



DRAW a MAP

make a  
SCRAPBOOK

take a BATH  
and PRETEND you are  
EXPLORING the OCEAN  
with your SUBMARINE

READ a COMIC  
BOOK

WIPE down the  
WALLS

SWEEP the FLOORS

CLEAN the  
WINDOWS

make a RAIN  
WATER COLLECTOR

help plan  
TOMMOROW's  
MEALS

DRAW  
a  
SILLY PICTURE

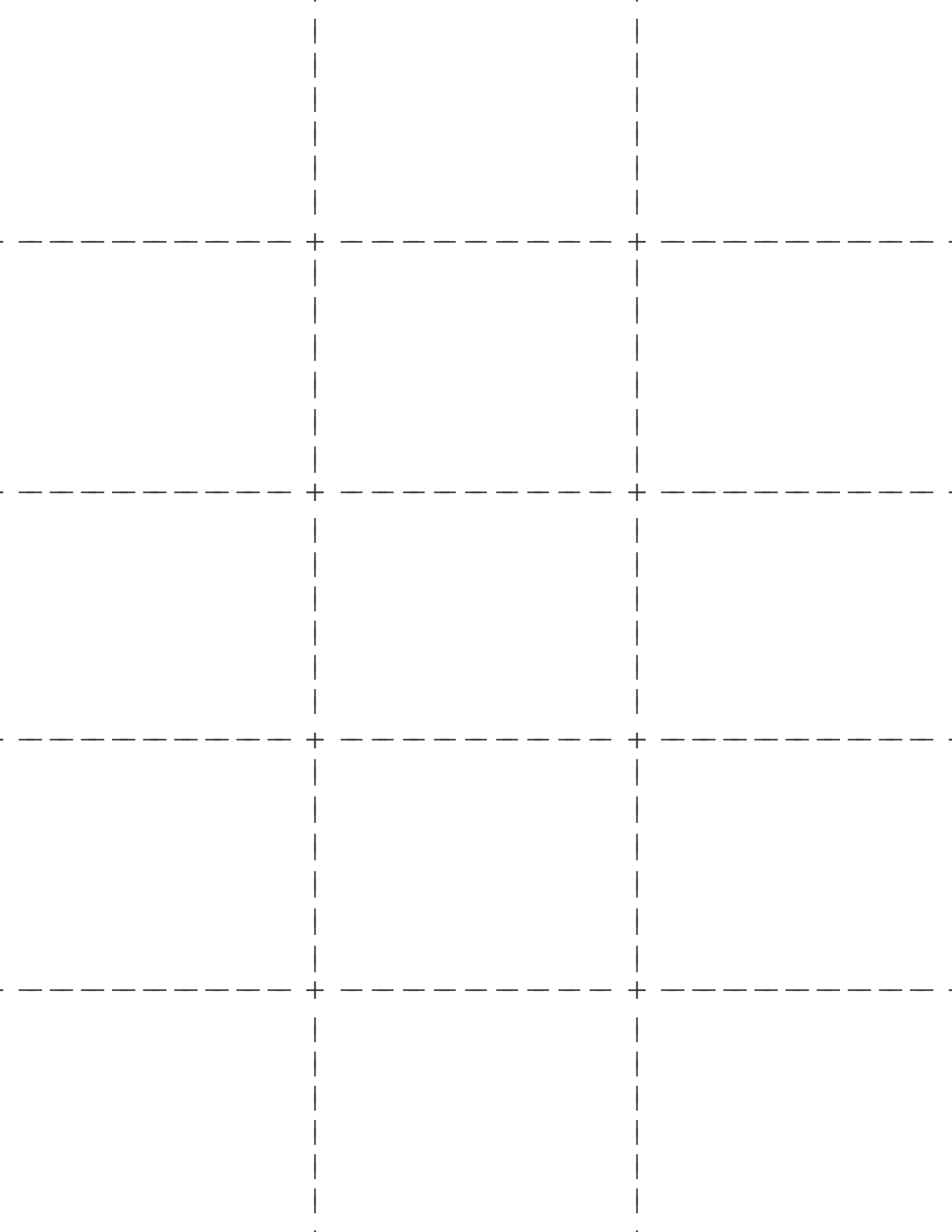
MAKE something  
with a WATER  
BOTTLE

MACARONI  
CRAFT

MAKE JELLO

MAKE a SMOOTHIE

PLAY outside



**B****O****R****E****D** JAR ideas

**B****O****R****E****D**  
JAR  
ideas

**B****O****R****E****D**  
JAR  
ideas

**BORED** JAR **IDEAS**

**BORED**

JAR

**IDEAS**

**BORED**

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